



Carl Sandburg College Monmouth College

Transfer Guide for students pursuing Associate in Arts Physical Education Major

The following guide and sample degree completion plan outlines two years at Carl Sandburg College to receive an Associate in Arts degree and two and a half years at Monmouth College to complete the Bachelor of Arts degree in Physical Education. This guide was built to help transfer students prepare for their transition to Monmouth College, and schedules may be adjusted when working with an advisor.

FRESHMAN YEAR at Carl Sandburg College

Fall Semester			Spring Semester		
Department/ Number	Title	Credit	Department/ Number	Title	Credit
ENG 101	Freshman Comp. 1	3	ENG 102	Freshman Comp. 2	3
SPE 120	Intro to Public Speaking	3	Science	Choose from BIO 101, CHM 110, ESC 100, PHY 151	4
Fine Arts	Choose from AA list	3	Math	Choose from AA list	3
Social Sciences	Choose from AA list	3	Social Sciences	Choose from AA list	3
Elective	Choose from AA list	3	PSY 265	Developmental Psych	3
		TOTAL CREDIT			TOTAL CREDIT
		15			16

SOPHOMORE YEAR at Carl Sandburg College

Fall Semester			Spring Semester		
Department/ Number	Title	Credit	Department/ Number	Title	Credit
Human Relations	Choose from AA List	3	Humanities/ Fine Arts	Choose from AA list	3
Social Sciences	Choose from AA List	3	Science	Choose from AA list	3
SPN 101	Elementary Spanish 1	4	SPN 102	Elementary Spanish 2	4
Elective	Choose from AA list	3	NUT 110	Nutrition	3
Elective	Choose from AA list	3	Elective	Choose from AA list	3
		TOTAL CREDIT			TOTAL CREDIT
		16			16

Note that up to 64 credit hours (equivalent to 16.00 Monmouth College course credits) may be transferred to Monmouth College. Courses with a C or better may be transferred and applied to the Physical Education major. Additional courses earned in the completion of the Associates Degree will be applied toward the overall credit required for the Bachelor of Arts degree (32 credits).

JUNIOR YEAR at Monmouth College

Fall Semester			Spring Semester		
Department/ Number	Title	Credit	Department/ Number	Title	Credit
INTG 3xx	Reflections	1	INTG 4xx	Citizenship	1
EXSC 130	Exercise Performance	.5	MCTE 302	Educational Technology- Secondary/ K-12	.5
EDST 220	Theories of Learning	.5	EDST 215	Human Diversity & Exceptionality	1
EDST 250	Topical Foundations in Educational Studies	1	EXSC 160	Health & Human Physiology	1
EXSC 251	Functional Anatomy	1	PHED 215	Physical Education Pedagogy I	.5
EXSC 325	Athletic Training & First Aid	.5	PHED 216	Physical Education Pedagogy II	.5
<i>TOTAL CREDIT</i>		<i>4.5</i>	<i>TOTAL CREDIT</i>		<i>4.5</i>

SENIOR YEAR at Monmouth College

Fall Semester			Spring Semester		
Department/ Number	Title	Credit	Department/ Number	Title	Credit
MCTE 200	Principles & Strategies of Secondary Teaching	1	EXSC 330	Exercise Physiology	1
MCTE 300	Content Area Literacy for Secondary Students	1	MCTE 310	Measurements & Assessment in Education	1
MCTE 305	Teaching ELL in K-12 Classrooms	.5	MCTE 333	Practicum: 9-12/ K-12 Grade Level	0
MCTE 333	Practicum: 9-12/ K-12 Grade Level	0	MCTE 350	Principles & Strategies of Middle Level Teaching	1
MCTE 387	6-12 Physical Education Curriculum & Instruction	1	MCTE 377	K-5 Physical Education Curriculum & Instruction	1
EXSC 315	Biomechanics	1	MCTE 312	Exceptional Learner Methodologies - Secondary/ K-12	.5
PHED 430	Adapted Physical Education	.5			
<i>TOTAL CREDIT</i>		<i>5</i>	<i>TOTAL CREDIT</i>		<i>4.5</i>



FIFTH YEAR at Monmouth College

Fall Semester			Spring Semester		
Department/ Number	Title	Credit	Department/ Number	Title	Credit
MCTE 470	Student Teaching Seminar w/ Classroom Mgmt	1			
MCTE 475	Student Teaching Clinical Experience	3			
	TOTAL CREDIT	5			

Only grades of C or better may be applied to the major. Students must earn a minimum 2.0 GPA in major and a minimum 2.0 overall cumulative GPA for the degree.

Questions may be addressed to:

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